

The Orchards Newsletter

December 2019



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Highlights from December

**Well what a fun packed month we have had, from pantomimes to
choirs to cake making. This month has had it all.**



Rita Enjoying her artistic side



May and Phyllis getting arty.



Some examples of our talented resident's art work

The residents enjoyed making a gingerbread house and the ginger bread men to live

**indoors. They had fun making the house, but
more fun eating it!**



A few pictures of our residents getting in the Christmas spirit



Barbara and Ishbel all wrapped up in the moment

The sound of Music in The Orchards

We continued with our choir this month, under the direction of our Choir master Tracey. After lots of practising we performed to the Judges and WON the choir competition at Amica Care Trust.



“It’s Behind you”

In December we were lucky to have two Pantomimes! Daisy Chains treated us to a performance of Rapunzel and we also had a performance of Dick Whittington.



Oomph at Christmas

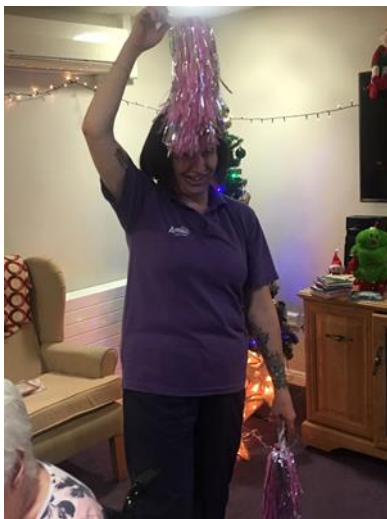
Our Oomph team got us all moving to music this month and keeping us all fit.



Eleanor high kicking her way to fitness.



Joan shaking it to the right



Paula having a hair-raising time



Emma and Scott warming up

Taking the Cake

Our residents and the lovely Kelly spent time making and decorating our entry to this year's Cake making competition.



Our resident's creation Frosty the snowman. Fingers crossed for the competition.



HAPPY BIRTHDAY!

09 January	Joyce
09 January	Gwen 100 th Birthday
12 January	Angela
21 January	Ishbel
24 January	Alison
26 January	Gwennie

Wishing you a wonderful birthday from
everyone at The Orchards!



Upcoming Activities

January 2020

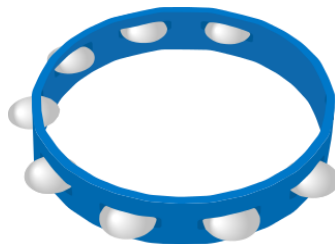
9 January – Justin and his music

16 January – Magdalena

17 January -Reverend John service

28 January – Victoria Star

31 January – Community Church



Quotes from the month

“It was lovely, such fun. Very professional and a lovely spread after”

May

“I have not seen a pantomime in years, how lovely”

Hilda

“ I enjoyed making the nose”

Ishbel on her cake making experience

“I love snowballs, they remind me of Christmas”

Barbara on having a snowball drink





Quiz Time

Answers all begin with a J

	Questions
1	Emerald, Diamonds and sapphires are all one of these?
2	What knitted J do you wear to keep you warm?
3	In 2012 we celebrated the Queens Diamond what?
4	What popular pudding goes with Ice cream?
5	What J is a puzzle of cut up pictures that fit together to reveal the picture?
6	What is a baby Kangaroo called?
7	Who went up the hill with Jill?
8	Which Shakespearean character said, "wherefore art thou Romeo?"
9	What is 007 first name?
10	What type of preserve can be made from Strawberries, plums and blackberries?

Quiz Time – Answers

	Answers
1	Jewel
2	Jumper
3	Jubilee
4	Jelly
5	Jigsaw
6	Joey
7	Jack
8	Juliet
9	James
10	Jam

Final Say

Wow what an amazing month, packed with so many wonderful events. The team have all worked so hard to make December a memorable one for all and I am very grateful to each and every one of them. We have had some lovely visits from the local community, including the local Church and the children from one of the nearby schools.

The choir was fantastic and have worked so hard to bring music in to the lives of all at The Orchards. Tracey and her team did a fantastic job. I am so proud of how fantastic the concert was and to win was the icing on the cake.

We have now started our Oomph journey having completed a number of short exercise classes which were enjoyed by all.

Kelly our Activity coordinator has worked very hard this last month to make sure there was something for everyone, so a big thank you to Kelly.

I hope you all had a lovely Christmas and New year and that 2020 creates many more special memories.